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The people's House accomplished a great deal of work this July. We passed [landmark legislation](#) to improve career and technical education programs. We passed a [defense bill](#) that provides the authorities and resources for our men and women of the Armed Forces to do the job we've asked them to do. We also passed [a series of bills](#) targeted at lowering healthcare costs – specifically the cost of medication and premiums.

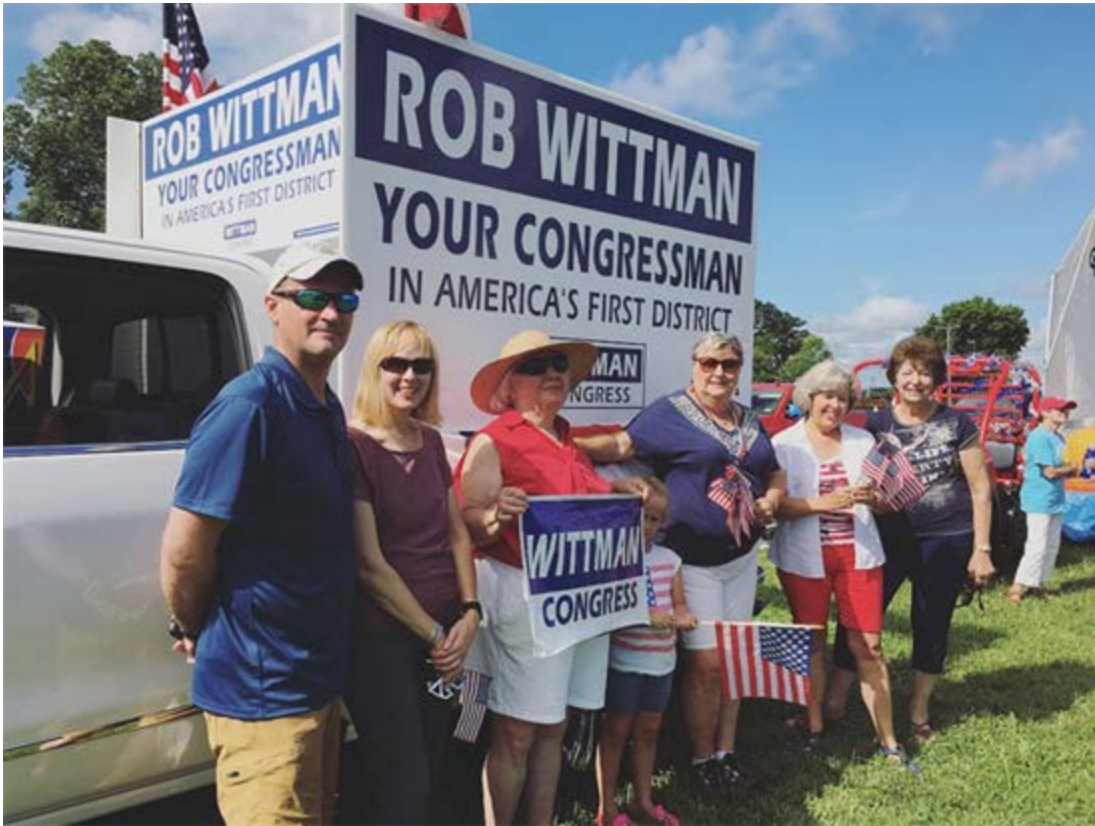
To see more of what I was up to this month, check it out below!



I was honored to receive the Transparency and Accountability Democracy Award from the Congressional Management Foundation! My number one priority is listening to the people I represent and using their thoughts, concerns, and insights to better represent them in Washington.



I stopped by Carepac Pharmacy in Mechanicsville to talk with folks about solutions to the rising cost of premiums and prescription drug prices. I am still focused on fighting for a health care system where doctors and patients can be in control of their own health care decisions and everyday American families have the option to see a doctor of their choice.



I enjoyed spending the Fourth of July traveling across the First District, celebrating the gift of liberty, and talking with constituents about the latest happenings in Washington.



I visited with Minuteman Press in Ashland to hear how their business has benefited from the work Congress has done to bring our our booming economy.



I enjoyed visiting the Hanover Regional Governor's School for Career and Technical Advancement to see how our students are developing tangible skill sets to succeed in the workforce.



I spoke with [American Enterprise Institute](#) about how our Navy does not consistently receive the predictable funding it truly needs nor does it have the requisite ships to meet global demand. This proves that now more than ever we must reach a fleet of 355 ships to meet global demand.



I toured Trivett's Furniture in Fredericksburg and spoke with folks about how Congress is working to get government out of the way so small businesses can succeed.



I toured the Pamunkey Regional Jail in Hanover with the McShin Foundation. I'm grateful for their work to assist folks struggling with addiction and I enjoyed our conversation about criminal justice reform and Congress' continued work to combat the opioid epidemic.

MY LATEST OPED:

[The Marines Still Need a New Amphibious Combat Vehicle](#) (Defense One)

THIS MONTH'S CLIPS:

[Virginia officials weigh in on Trump's nomination of Kavanaugh](#) (Richmond Times Dispatch)

[Navy's New Amphibs Must Be Ready for a High-Tech Fight, 2-Star Says](#) (Military.com)

[Spotsylvania man's case illustrates ongoing problems with VA facilities](#) (Free Lance Star)

[WTAS: Continued Support for Judge Brett Kavanaugh's Nomination to the Supreme Court](#)
(White House)

[House defeat sends Navy submarine fleet toward budget uncertainty](#) (Washington Examiner)

[The new B-21 Raider could hit a big milestone this year](#) (Defense News)

[John Bolton says US has a plan for North Korean denuclearization within a year, decries intelligence leaks](#) (Washington Examiner)

[U.S. House of Representatives Passes Magnuson-Stevens Reauthorization Bill](#) (Fishing World)

[Middle School Students Brief Congressman on STEM Technologies to Solve Simulated Navy Challenges](#) (NAVSEA)

[House votes champion stable military spending, but gridlock looms](#) (Defense News)

[House OKs Resolutions to Condemn Stopgap Funding Measures](#) (Executive Gov)

[Wittman Warns Of Trouble With Navy Readiness](#) (WVTF)

[Rep. Wittman wins award for office's transparency and accountability](#) (VA Gazette)

[Navy, Marine Corps Racing to Increase Amphibious Fleet as Demand Rises](#) (USNI)

[Environmentalists claim measure will set back Chesapeake Bay restoration efforts](#) (13News Now)

[Rep. Wittman On KC-46: 'Boeing – Get It Done. Just Get It Done.' In The Loop Podcast \(Breaking Defense\)](#)

I really enjoyed getting out in the community to interact with constituents regarding the issues most important to you. Please do not hesitate to [contact me](#) so I can best represent you.

Sincerely,

Rob